



Thank you for
helping make
Powerful Change
possible!

DONOR REPORT 2014



LEARN MORE
ABOUT YOUR IMPACT





Dear Friends,

On behalf of our entire Board and staff here at Wellspring, I

want to thank you for your support in 2014. With your help, we were able to serve more than 4,000 children and families in crisis last year – helping them triumph over trauma and reach their full potential. This type of impact is only made possible through the generosity of a community, composed of members like you. The next page in this report further details the many ways in which your gift made a difference in the lives of these individuals – from families securing and maintaining safe and stable housing, to children developing the skills they need to thrive in kindergarten, to ending cycles of domestic violence. I’m excited to share with you Wellspring’s current focus and our vision moving forward.

As an agency, we remain focused on addressing the root causes of family crises and instability. Two decades of scientific research points to an underlying factor often present in generational cycles of homelessness, poverty, and violence: adverse childhood experiences, or ACEs. Traumatic experiences during children’s earliest years, such as abuse, neglect, violence or household dysfunction, can damage important, formative brain development – exponentially increasing their likelihood of experiencing serious mental, social, behavioral and physical health issues later in life. Not only that, they are at a higher risk to pass those ACEs onto their own children.

So how are we using this knowledge to shape how we best serve children and families?

We are in the process of creating an innovative position at Wellspring to lead the integration of these ACEs findings into our services. The impact of ACEs can be mitigated by fostering resilience in children and adults. Resilience is the ability to recover, adjust and bounce back from negative experiences. All adults and children are resilient. With this focus, we will now be able to utilize best practices to serve families who have been impacted by trauma – which begins with the question ‘what happened to you?’ instead of ‘what is wrong with you?’ This ACEs-informed approach will allow us to further our impact, which doesn’t simply mean serving more people each year, but serving them at a deeper level that ensures positive, lasting change.

A large reason Wellspring has such an incredible history of successful results is because of our talented staff. Over the years, we’ve had the privilege of having many long-tenured, dynamic individuals who are passionate for this work. Knowing that in the future we will begin to mirror the natural turnover rates in the nonprofit sector, we are investing in our current staff’s growth through leadership development. This commitment will help ensure the high quality of our services now and in the future.

While I am embarking on my 25th year as CEO at Wellspring, this work remains as vibrant and rewarding as it was during my first year. The passion of our staff is so evident every day. They continue to inspire me to challenge myself and raise my own level of work. I see so many exciting opportunities in the future for Wellspring to continue making a wider and deeper impact in the lives of children and families.

As you look through our 2014 results and impact, I hope you know just how much we value your partnership and commitment. Together we are helping children and families triumph over trauma and thrive.

With gratitude,

Ruthann Howell

2014 Community Impact

TOGETHER, WE HELPED NEARLY

4,000

INDIVIDUALS

triumph over trauma and thrive.

This includes 1,832 families and 3,180 children.

80

HOMELESS CHILDREN

attended our Early Learning Center, where they learned skills to cope with the effects of trauma and toxic stress.

89% of the children who attended for at least 4 months gained the social, emotional, and developmental skills needed to be successful in kindergarten.

1,652 individuals, including 937 children, avoided eviction and homelessness with the support of our Housing Stability Specialists. 6 months later, 89% were still stably housed.

110

HOMELESS FAMILIES

Including 211 children moved into a safe & stable home.

6 months later,

83% of these families were still stably housed.

2,431

HOMELESS CHILDREN & THEIR FAMILIES

received a total 4,022 shopping trips for essential items at the Baby Boutique, our free store.

113

MEN

participated in our Domestic Violence Intervention Program to become more stable and healthy partners and parents.

87% of the men who participated for at least

7 months learned new, non-abusive behaviors.

THANK YOU

to our generous donors in 2014. We are grateful for every gift!

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WHY WE GIVE

"This is not only a great cause that is being supported, but it also helps families bring an awareness to their kids about the needs of others while providing a way to help."

– Georgina, Red Wagon owner and Kids Helping Kids™ retail partner

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WHY WE GIVE

"The difference that Wellspring is making is an incredible contribution. The results will show up 17 years from now, but it will be a different city, and we will have different outcomes because of it."

– Mayor Ed Murray



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WHY WE GIVE

"I see the incredible investment Wellspring makes every day in our future. I am a believer in the model they utilize and the philosophy that drives their work. We are all part of an interlaced community."

– Dr. Ben Danielson, Seattle Children's Hospital's
 Odessa Brown Children's Clinic

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WHY WE GIVE

“Wellspring helped us when we were at our greatest need. From helping prepare Zuzu for kindergarten to allowing us to pick out warm winter clothes in time for this cold weather to teaching me important job skills, Wellspring has made a huge impact on our lives.

– Erin, Baby Boutique client and Early Learning Center parent

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WHY WE GIVE

“Working at Wellspring has helped us improve our customer service skills. Being in the Baby Boutique has helped us focus on helping the customers feel comfortable. Being able to relate to people with different backgrounds will help us when we finish school and start looking for full time employment.”

– Seattle Youth Employment Program teen volunteers

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 Sharon Pahlka
 Alan Painter

WHY WE GIVE

“My favorite part about volunteering at Wellspring was being able to really make a difference in other peoples’ lives. I think it’s important for kids to help others because it gives people the chance to be working together and making everybody’s lives easier and happier.”

– Jack, 11 years old, Kids Helping Kids participant and Baby Boutique volunteer

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 Kamie Rasmussen
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 Nelia Richard-Yee & Henry Yee
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 Guenter & Sandy Risse
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 Suzanne Roberts
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 Annie Zipfel
 Anonymous (32)

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 Sebrina Burr & Rena Mateja
 Walker Burr
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 Michael Butler
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 Susannah Carr
 Margaret Phillips Carter
 Kristin Cartwright
 Brad Cattle
 James Champin
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 Harry Chesman
 Mei Chi Chin
 Ruth Cogswell
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 Cynthia Cook
 Jennifer Copson

WHY WE GIVE

“I help other kids by bringing toys to Wellspring for other kids without toys or homes!”

– 4.5 year old Wyatt, Kids Helping Kids participant

Up to \$99

Deborah Abel
 Greg Abram
 Christine Adams
 Giday Adhanom
 Martin Agurto
 Carol & Raymond Airone
 Ruby Alexander
 Matt Alvis
 Carrie Anderson
 Allan Bakalian
 Nadine Baker
 Sonjia Barker
 Joni Barrott & Thomas Cannon
 Andrew Bassetti
 Py Bateman
 Erica & Herb Bergamini
 Penny Olson & Andrew Bernat
 Chris & Jim Berry
 Jeanne Bertino
 Elizabeth Bevins
 Derek Bishop
 Sara Blakely
 Chrissy Blakeney
 Michael Blanchette
 Amy Boes
 Silva Bolds-Moorehead
 Gina Breukelman
 Cipriano & Ana Brosas
 Angela Brunns

Sara Corley
 Kara Craig
 Bruce Cross
 Margaret Crothers
 Genevieve Davis
 Kathleen Davison
 Jim Dean
 Phil & Wendy Deaton
 Nicole Decario
 Sydney Decoto
 John DeVore
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 Jessie Dixon
 Catherine Donald
 Christine Downs
 Elizabeth Drown
 Monica Duke
 Harold & Judy Eden
 Carmela Ennis
 Beverly Ervin
 Mary Fairhurst
 Ann Farr
 John Feters
 Taki Flevaris
 Barry Friedman
 Marjorie Frost
 Tara Gainer
 David Howard & Maria Geokezas
 Denise L. Goforth
 Gary Gordon

WHY WE GIVE

“In order to create the opportunity to succeed, we must support literacy. I’m so glad we could help the Early Learning Center students learn by providing an opportunity to develop those important skills.”

– Susie Wells, Usborne Books

WHY WE GIVE

“Wellspring had everything the regular stores had and gave us the best options for the girls. My oldest was so excited to pick out all of her supplies—everything had to be purple: purple backpack, purple pencils, purple notebooks...”

– Jade, Baby Boutique shopper

Brenda Green
Mallory L. Griffith
Jayme S. Gustilo
Sheila Gutowski
Chuckie Hale
Charity Hall
Katrina Hall
Teresa Hambelton
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Ayu Othman-Awang
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Pamela Pierce
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Sharie Todd
Deborah Townsend
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Jeremy Whelham
Kathryn Whittier
Deanna Wildermuth
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Kirk Wines
Laura Wolf
Lisa Wolf
Carrie Yu
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Anonymous (16)



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Eva Stephanus
Bernie & Marlene Tevelde

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Janice Whitfield

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John Strong

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Randy Gainer

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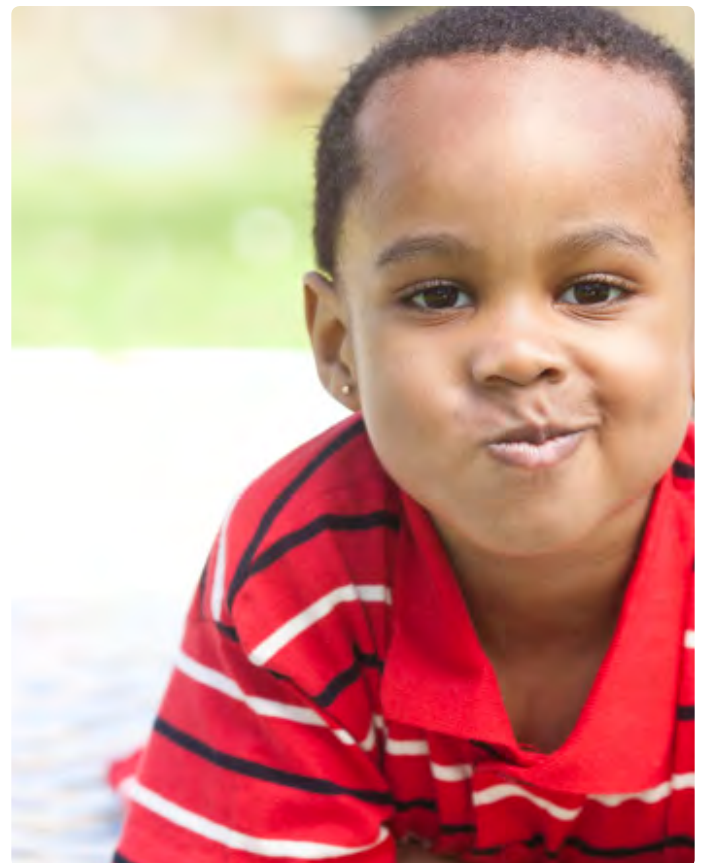
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“Wellspring has the willingness and courage to tell others not just what we do, but also to ask them to join us in making a difference. Our employees, volunteers, and donors succeed in making measurable, positive impacts on the lives of children and families. I’ve found that those who hear the Wellspring story for the first time come away feeling impressed and inspired. Wellspring has exciting plans for the future, and I look forward to being involved.”

– Russ Young, Board Member and 2014 Founders Award Recipient

Questions?

If we have mistakenly overlooked or incorrectly listed your name, please accept our apology. Please note that this report does not reflect giving through third-party sources (United Way, workplace giving, private foundations, GiveBIG, or crowdfunding sites), nor does it include donations of goods or services.

If you have any questions, comments, or corrections, please contact Josh Herrington, Donor Relations Director, at jherrington@wellspringfs.org or 206.902.4229.

Our 2014 financial statements are now available on our website. Learn more at: www.wellspringfs.org/about-us/financials.



In addition to our Community Service programs, Wellspring helps strengthen our workforce and community through Wellspring EAP.



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